

AGENDA
COUNCIL COMMITTEE MEETING
MUNICIPAL DISTRICT OF PINCHER CREEK

April 26, 2022

2:00 pm

****Please note change in time**

Council Chambers

- 1) Approval of Agenda
- 2) Delegations
 - a) 2:00 pm to 2:15 pm - Teresa Hlady and Anne Gover - Pincher Creek Food Center
 - b) 2:15 pm to 5:15 pm - Brian Millis and Maureen Webster - Violence and Harassment PP Training for Council
- 3) Round Table
- 4) Adjournment

Pincher Creek and District Community Food Centre

MD of Pincher Creek
Council Presentation
April 26 , 2022



Who we are

Board of Directors

Anne Gover

Alice Wagenaar

Aletta Maier

Janet Elder

Diane Bowen-Oczkowski

Maurice Roy

Vanessa Sparks-Pomreinke

Daryll Crowshoe

Teresa Hlady – Coordinator

Network

Community membership

Member of Food Banks Alberta
and Food Banks Canada

Critical partner in the social
support system for Pincher
Creek & District as well as the
south region.

Vision, Mission and Objectives

VISION

We envision a community in which everyone has access to adequate and nutritious food.

MISSION

Our mission is to eliminate hunger by ensuring all community members have access to adequate and nutritious foods.

Objectives

From July 13, 2020 onwards, within the Town of Pincher Creek and the Municipal District of Pincher Creek

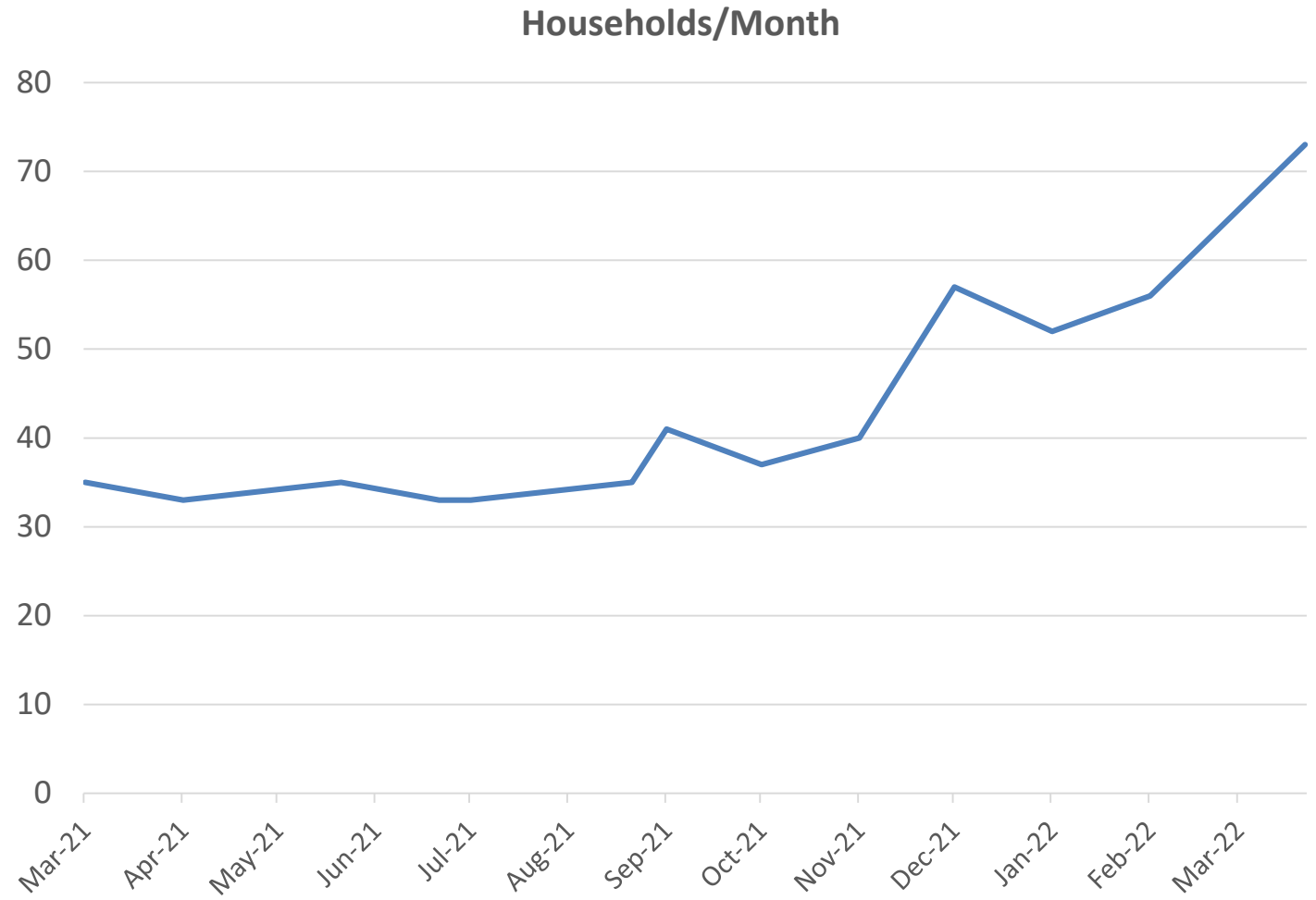
1. The promotion of health by teaching, encouraging and supporting good nutrition and healthy lifestyles;
2. The advancement of education by teaching families and community about nutrition, food security, food production, food preparation, food storage and food budgeting;
3. The advancement of education by teaching, fostering and developing within the community a recognition of the importance of agriculture , food security and housing;
4. The relief of poverty by operating a food bank for the benefit of the vulnerable, disadvantaged, and for those unable to provide for themselves and their family;
5. The building of strong communities through social enterprise: providing and promotion of community gardens, community kitchens, drop-in coffee house and community markets;
6. The building of strong communities by providing experiential opportunities for volunteer involvement creating empathy and compassion.

Monthly Food Hampers

- March 2021 to March 2022 - 1252 people in 547 households received 42,000 pounds of food.
 - Hampers are available to households once every 30 days.
 - The program has the flexibility to provide food on an as need basis.
 - Hampers must be requested (by phone, email or text message) each month.
 - Hampers are delivered to the household.
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- It is assumed that a hamper will feed a family of 4 for 2 weeks.
 - Recipients are given a choice of what they would like in their hamper (based on what is available for distribution).
 - An objective of the hamper program is to provide foods that align with Canada's Food Guide.

Monthly Food Hamper – Usage

58% increase over the 12 month period



What's in a Food Hamper

Hamper Items
Cornflakes, Rice Krispies, Raisin Bran, Puffed Wheat, Cheerios
Oatmeal - Instant (small packages - most are flavoured)
Oatmeal - Quick cook // Slow cook // Steel Cut
Rice - white, brown, instant
Dry noodles - Spaghetti// Rotini // Penne / assorted
Tuna
Flakes of Ham/ Turkey / chicken
Peanut Butter
Ground Beef
Chicken
Soups - tomato, mushroom, vegetable
Chunky style soup// Ichiban / chicken noodle (dry pkg)
Jam
Pasta Sauce
Canned Tomatoes
Tinned Fruit
Tinned Vegetables
Crackers - Soda
Milk and Egg Coupons
Bread
Margarine
Potatoes
Onions
Carrots
Fresh fruit - apples, oranges
toilet paper / tissue &/ or paper towel

What's in a Food Hamper

Items by request or availability

Items by request and / or availability
Sugared cereal
Dry Grain - Quinoa, Lentils, Millet
Dry Beans
Rice Mixes
Pancake mix / syrup
Kraft Dinner
Ketchup
Mustard
Mayo/ other sauces
Oil
Vinegar
Salmon
other tinned fish (sardines)
Ground Bison
Other cuts of Beef - donated beef
Granola Bars
Coffee
Tea
Drink Mixes - hot chocolate, flavouring, etc.
Snack foods - donations
Seasonal fresh vegetables - donations
Frozen Veggies
Cleaning Products - household
Toothbrush and toothpaste
Soaps - hand, dish, laundry
Hygiene products - donations
Shampoo/ conditioner/ lotions - donations

Food Sharing and Food Access /Donations

16,448 pounds of donated food was distributed to other community organizations.

- January – June 2022 Meal Box program – Grant through Food Banks Canada to provide meal items as well as recipe.
- Napi Friendship Assoc/1Pot Wonder meal program – August 2020 – Nov 2021 409 people were supported through 4 x 6-week sessions. Food items, recipe and on-line instruction were provided to prepare 9700 meals.
- Group-Group Youth
- Canyon & St. Michael's School snack programs
- Women's Emergency Shelter
- Crowsnest Pass Food Bank
- Piikani Food Bank
- Adult Learning Centre
- Family Centre
- Legion - Community Christmas Hamper program

46,933 pounds of food was donated to the Community Food Centre, based on Canada Food Banks valuation this equals \$122,965.

- Walmart provides food donations.
- Co-op Grocery store – Hunger Bags and Donation bin.
- Heritage Acres – potatoes
- The Church of Jesus Christ of Latter-day Saints Community Food Drive
- Community Food Centre – garden
- Lion's Club & Food Banks Canada grant – Milk & Egg Coupons
- Individual & Corporate donors contributed cash and gift cards for purchasing food. Including Vitae, Cowley Lions, 4H Clubs, Blue Mouse Greenhouse.
- Food Banks Canada and Alberta have a food sharing program that provides some of the staples as well as meat (other than beef).
- Meat Donations
 - PC Meats & Backcountry Butchering (processing)
 - Shoderee Prime Meats
 - Stauffer Ranches
 - Rener Farm
 - Valley Blue Ranch

Support Network

Volunteers

- The organization has 12 volunteers who provide approximately 60 hours of support every month.
- They contribute on a weekly basis and help with the pick up of food items, sorting donations, stocking shelves and creating hampers. As well as donation pick ups and recycling.
- Volunteers are part of the garden program .
- From inception (April 2020) Board members and volunteers have contributed more than 2500 hours of time.

Community Connections

- The Town of Pincher Creek has been an invaluable partner over the past 2 years by providing support for managing charitable donations.
- The Community Food Centre is a member of local Interagency Group, and utilizes resources through Food Banks Alberta and Food Banks Canada.

Future Plans

Next Steps (2022)

- Receive CRA charitable status, application is in the review process.
- Development of prep kitchen space with in the Community Food Centre.

THANK YOU
